

COACHING NOTES FROM COACHING CULTURE

EPISODE 115: THE FOUR CONVERSATIONS WITH PLAYERS TO PREVENT UNNECESSARY DRAMA



Mentorship to Help You Transform Your Leadership: thriveonchallenge.com/mentorship/

Schedule a Mentorship Call with JP: calendly.com/thriveonchallenge/initialcall

With Nate: forms.gle/5f8VmQ5LM8uN1qJd9

Note - We usually schedule these conversations during JV games, on the bus, before / after practice, etc. We try not to add more time to their already busy schedule.

Episode 72: How to Get Your Players to Embrace their Role

Conversation #1 - 1v1 (2nd-3rd Week)

- Talk through their strengths as a basketball player
- What gets them on the floor - what gets them off the floor?
- What do they bring to the team as a teammate?
- What role do we anticipate them fulfilling at the start of the year?
- What can we do to help them have the best experience in their current job?

Conversation #2 - 2v1 (December)

We pair older players with younger players to share about their roles on the team.

Questions for Both Players

- Describe your current basketball job (role as a player).
- What do you enjoy most about your current role?
- What is most challenging for you in your current role?
- What questions do you have about your current role?

I facilitate the discussion with questions, and attempt to guide the older player to share their past experience being in the same position as the younger player is now.

Questions for the Experienced Player (referring to the younger player's role)

- What was challenging about that role for you?
- How did you get through it?
- What did you get out of it?

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EPIISODE 113: HOW TO MAINTAIN HIGH STANDARDS IN YOUR PROGRAM-STRATEGIES FOR TRANSFORMATIONAL DISCIPLINE



Conversation #3 - 3v1 (winter break)

We use this as a mid-season check-in / group discussion.

- What have you enjoyed most about the season so far?
- What do you think our identity is as a team?
- How would you describe our culture halfway through the season?
- What has been most challenging for you so far?
- What are you looking forward to most in the second half of the year?
- How can I coach you better?
- What questions do you have?

Conversation #4 - 1v1 (late January)

The purpose of this meeting is to clear the air before the postseason. If there are any lingering issues that could affect our performance, we want to deal with them before we enter regionals.

- How has the season been for you?
- Has it turned out the way you expected for you personally, or for us?
- If we could only improve ONE thing before regionals, what should it be?
- Is there anything that would prevent you from fulfilling your role to the best of your ability as the postseason nears?
- What questions do you have as we prepare for the postseason?

I will often give them a heavy dose of appreciation during this meeting - affirming the impact they have on our team, their value, and what I love most about coaching them. I want everyone to feel their best going into the postseason, and having no doubts about their worth on our team.

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