

COACHING NOTES FROM COACHING CULTURE

EPISODE 109: THE CHALLENGES TO HAVING A GROWTH MINDSET AS A COACH



Mentorship to Help You Transform Your Leadership: thriveonchallenge.com/mentorship/

Schedule a Mentorship Call with JP: calendly.com/thriveonchallenge/initialcall

With Nate: forms.gle/5f8VmQ5LM8uN1qJd9

- We're not a bad coach, we are just admitting we can do things better.
- One of the best motivators for developing a growth mindset is experiencing growth.
- What happens when things don't go according to plan? Be willing to experiment with things that may not work right away.
- Sometimes you have to do it before you can figure out how to make it work, or make it better.
- If I'm the same coach I was last year, I have failed my team.
- We start with what we know, and grow from there.
- Separate yourself from the idea.
- It will never be this bad again.
- The Most Important Part of Plans: Are you ready to grow through the experience?

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